

# The Messenger – August 2022

Great news everyone! Pastor Tim McDermott, our interim Pastor, will be starting his duties on August 15th. **His first Sunday will be August 21st.**

He likes to be in and around the office, so look for him and please say “Hi!” and introduce yourself if you see him.

Welcome, Pastor Tim!!



FAITH FORMATION

We will have some changes this year to our Faith Formation curriculum as we work to increase post-pandemic participation. We will be discussing details on August 21<sup>st</sup>. Please watch your mail for a letter in the coming weeks.

**There will be a Youth AND Parent Meeting on August 21<sup>st</sup>.** This is also Pastor Tim's first service and there will be fellowship and food at church after the service. We will meet briefly together in the youth room to go over plans for the 2022-2023 year and also talk about next summer's trip.

The first **Wednesday Cross Training (Confirmation)** will be from 6:45 pm - 8:15 pm on **Wednesday, September 7<sup>th</sup>.**

Please have at least 1 parent attend if at all possible.

**10th Grade Confirmands meeting: TBD.** Remember your final papers are due when we meet!

**Official Kickoff: The first day of Sunday School will be September 11th.** Event TBD. This most likely will be a family-friendly event with final details on the 2022-2023 year and 2023 summer trip with registration forms. (Please note registration will be due by Oct sometime to reserve our spot and date).



\*Services will be moved indoors during inclement weather.

**August 21st**  
Outdoor  
Communion  
Worship Service

**August 28**  
Outdoor Worship  
Service

**September 4**  
Outdoor  
Communion  
Worship Service



## Family Fare Receipts

June receipts totaled \$1,065.00. Thank you for your continued support of the Cannon Valley Senior Center! Family Fare receipts can be dropped off in the container in the church entryway. Old receipts are accepted!



We will be hosting a National Night Out event at Spring Garden Lutheran Church on August 2nd from 5:30 pm -8:30 pm.

There will be plenty of food, games for kids of all ages, and a visit from the Goodhue County Sheriff's Department.

Please help spread the word!



Greetings everyone! As usual, the summer is flying by.

I decided to look up information on cataracts. About a year ago, when I had my eye exam, I had the beginnings of cataracts. I realize that this information may be redundant for many of you, but here it goes anyway.

Symptoms of cataracts include vision that is blurry, foggy, or fuzzy, changes in the way that you see color, problems driving at night, which includes glare from oncoming headlights, and double vision in the affected eye.

What are cataracts? They form when protein builds up in the lens of the eye and makes it cloudy. This keeps

## Cataracts

light from passing through clearly. Cataracts can cause you to lose some of your eyesight. Doctors don't know exactly what causes cataracts, so there's no proven way to prevent them.

There are many types of cataracts. The most common type is called a nuclear sclerotic cataract. Anyone who lives long enough ends up with this type of cataract. They form in the center of the lens, known as the nucleus. As they get worse, your reading vision may actually get better for a time. Over time, the lens hardens and turns yellow or even brown. You may have a hard time seeing small details, colors get less rich, and you see halos around bright objects at night.



Cataracts are diagnosed by having a thorough eye exam. The only treatment is surgery, in which the surgeon takes out the cloudy lens and replaces it with an artificial one. The procedure is brief, usually lasting about 20 minutes. Only one eye is done at a time to allow the first eye to heal.

The bottom line is to take care of your eyes by regularly scheduling age-appropriate eye exams.

Blessings to you all!

Yvonne Salmonson  
RN, Parish Nurse



Faith is Facing All I Trust Him



## Church Cleaning Day – August 14<sup>th</sup>

Lots of summer projects are going on at church!

First, what we've done so far – We had a small clean-up crew prep the shelter and cabin for Midsommar, which was very successful. We now have some new outdoor chairs for use during services and other activities. We ordered 30 new Adirondack-style chairs and they have been very popular. Also, before Midsommar, I replaced the canopy and fixed some rotted boards on the swing set, fixed the letters on the arch sign, touched up some exterior paint where the Christmas wreaths hang, and repaired some rain gutter drain pipes. After Midsommar, Rob Lorentz repaired one of the ovens in the kitchen. It had quit working during Ost Kaka making. Some broken wiring in the oven was discovered and repaired. I set mousetraps in the basement as we discovered some mouse damage after the Pastors' retirement party. Several mice have been caught to date. Door keys have been collected from past council members and redistributed to new council members.

New projects to watch for –

The new sign construction will begin shortly. Footings may be in by the time you receive the newsletter. New electric service to sign will also be in soon. New cables were ordered for the sound system so recorded music can be played during the services if we do not have a musician for a given Sunday. The sidewalk replacement project to the elevator room and front double doors will take place in August as well.

On August 14<sup>th</sup>, we will have a church cleaning day after the service. This will be inside cleaning only and we will focus on the sanctuary space, classrooms, and nursery areas. Every year we try to do a good deep cleaning and it would be great to get this done before Sunday School starts. We will get to work immediately following the service. Come dressed for work and thank you ahead of time for your help.

As always, let me know if there is something that needs my attention.

Randy



## Spring Garden Lutheran Church Council Meeting Minutes July 7, 2022

**In Attendance:** Scott Safe, Don Anderson, Stan Lundell, Scott Hanson, Ruthie Sjoblom, Randy Benson, Heidi Anderson, Becky Haugen, Christy Collins, Treasurer–Rob Lorentz, and Parish Nurse–Yvonne Salmonson

**Call to Order:** President Scott Safe called the meeting to order at 6:05 pm in the church social hall. Opening prayer was given by President Scott.

**Secretary's Report:** A motion was made by Becky, seconded by Don and carried to approve the minutes of the June 2<sup>nd</sup> and June 9<sup>th</sup> council meetings.

**Financial Secretary's and Treasurer's Reports:** Pam's report as of June 30<sup>th</sup> showed a total of \$89,261.46 in pledges year-to-date. Rob inadvertently submitted the wrong Treasurer's report. Approval of the financial reports is therefore pending at this time. *NOTE: Rob sent his Treasurer's report on Monday July 11<sup>th</sup>. His report showed that the checkbook balance as of June 30<sup>th</sup> was \$26,499.42.*

**Parish Nurse Report:** Yvonne's report for the for the month of June included 2 visits, 2 phone calls, 8 texts, 16 hours, and 140 miles. She attended the June 2<sup>nd</sup> council meeting and also attended a symposium on Spiritual Care in West St. Paul on June 16<sup>th</sup>. She also sent 3 get well cards and 2 baptism cards.

### Action Items:

- 1) **Update on Interim Pastor Tim:** President Scott reported that Interim Pastor Tim will officially start his interim call on August 15<sup>th</sup>. Rob reported that Interim Pastor Tim's Total Compensation Package would be \$104,106.40 using 2022 synod guidelines. A motion was made by Randy, seconded by Scott Hanson and carried to approve Interim Pastor Tim's Total Compensation Package of \$104,106.40.
- 2) **Gift Proceeds:** Spring Garden received an unrestricted gift of approximately \$116,000. Our Gift Policy states that we tithe 10% of the gift proceeds, approximately \$11,600, to 501c3 organizations outside of the congregation. A motion was made by Stan, seconded by Scott Hanson and carried to donate the 10% tithe to the following organizations: \$5,000 to Good Earth Village, \$5,000 to the Good Samaritan Fund, and \$1,600 to the Cannon Falls Food Shelf.
- 3) **National Night Out:** The Parish Life & Outreach Board will host a National Night Out event on August 2<sup>nd</sup> from 5:00 – 8:30 pm.
- 4) **Membership Transfer:** Pastors Nick and Cindy have requested that their membership be transferred to Bethel Lutheran Church in Northfield. A motion was made by Don, seconded by Ruthie and carried to transfer Nick & Cindy Fisher-Broi's membership to Bethel Lutheran Church in Northfield.
- 5) **Proposed Shelter Storage Addition:** Randy brought up again the proposal for an addition to the shelter for storage. The estimate was \$4,510.00 from Anderson Construction for a 10'×10' addition. The concrete is not included in their estimate. A motion was made by Heidi, seconded by Ruthie and carried to approve the storage addition to the shelter for \$4,510.00 using funds from the Undesignated Memorials Fund to finance the project.
- 6) **Church Cleanup Day:** Sunday August 14<sup>th</sup> after the worship service was set to clean the church.
- 7) **Church Security Symposium:** President Scott mentioned that St. Ansgar's Church is hosting a Church Security Symposium on July 13<sup>th</sup>. He said that we need to RSVP by Friday July 8<sup>th</sup> if we plan to send someone. Anyone that is willing to go should contact Scott.
- 8) **Church Calendar Review:** National Night Out – August 2<sup>nd</sup> @ 5:00 – 8:30 pm.

### Board and Committee Reports

**Worship & Music–Ruthie Sjoblom:** Ruthann tendered her resignation on June 12<sup>th</sup>. They plan on waiting until after Interim Pastor Tim begins his call to advertise to fill the Music Director position.

They ordered CDs that contain the Liturgy & Hymns. The CDs would be used through the sound system on occasions when we don't have someone available for music accompaniment.

They have Supply Pastors and Supply Organist/Pianists scheduled through August 14<sup>th</sup>.

*Continued on next page...*

**Faith Formation**–*Becky Haugen*: Vacation Bible School was June 13<sup>th</sup> – 15<sup>th</sup>.

They are planning a lock-in on July 9<sup>th</sup> at the church for the youth.

They have a Kerfoot zipline trip planned for July 13<sup>th</sup>.

Becky presented 2022 – 2023 curriculum structure ideas that they have compiled.

**Parish Life & Outreach**–*Heidi Anderson*: They helped the Worship & Music Board with the potluck and the farewell party for Pastors Nick & Cindy on June 12<sup>th</sup>. Tim Anderson (aka Red Green) provided entertainment. Cassie Sauter and Dean Safe shared how much impact Pastors Nick & Cindy had on their decisions to become pastors.

We had a great Midsommar celebration. We served approximately 370 meals.

They are planning a National Night Out event on August 2<sup>nd</sup>.

**Church Property**–*Randy Benson*: Some volunteers helped with an outdoor cleanup day on June 4<sup>th</sup> to prepare for Midsommar. The new chairs were also cleaned and placed in the shelter. Randy also touched up some paint on the siding of the church, fixed a rain gutter, repaired the lettering on the main entry archway, and did some repairs to the swing set. Randy also helped setup and takedown for Midsommar which included filling holes in the parking lot from tent stakes.

Randy made the slide show for retirement party for Pastors Nick and Cindy. He is also in the process of converting print pictures to digital and storing them on the Cloud and a dedicated hard drive.

Randy has trapped several mice in the basement.

Rob repaired a kitchen oven that quit working.

The parking lot is scheduled to have cracks filled sometime in July.

The completion of the sidewalk replacement project will be scheduled soon..

**Stewardship**–*Scott Hanson*: Nothing new to report.

**Missions Board**–*Christy Collins*: Nothing new to report.

**Executive Committee**: They met with interim candidate, Pastor Timothy McDermott, on June 22<sup>nd</sup> to discuss several topics and questions that he wanted to address regarding his interim ministry here. He requested that his start date be August 15<sup>th</sup>, which would make his first Sunday worship service August 21<sup>st</sup>. Documents were signed to confirm his acceptance of a call to Spring Garden as interim pastor.

**Archives Committee**: The Grand Opening of the Archives Room was held on June 12<sup>th</sup>.

**Mission Endowment Fund Committee**: They plan on meeting on July 18<sup>th</sup>.

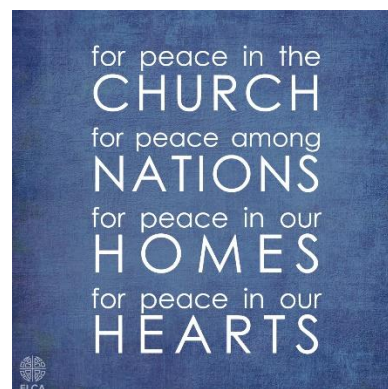
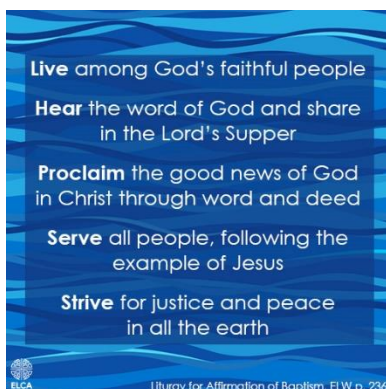
**Announcements:**

- Next council meeting: August 4<sup>th</sup> @ 6:00 pm
- Pam’s Helper: July – Ruthie, August – Randy, September – Christy
- Closing prayer next month: Randy

**Adjournment**: The closing prayer was given by Ruthie. A motion was made Don, seconded by Becky and carried to adjourn at 7:45 pm.

Stan Lundell, Secretary

*Subject to Approval*



## CONNECT WITH GOD

### While You Wait

A prayer card that you can use to pray while waiting anywhere  
by Hollie M Holt-Woehl | January 14, 2022

A few weeks ago, I waited 30 minutes in the drive-thru lane at our local pharmacy to pick up a medication. During that wait, I had a lot of time to think, to emote, and to reflect. For a year and a half, all of us have been waiting for the pandemic to be over and we are still waiting. Now, due to shortages of supplies or people, we find ourselves waiting for products, for food service, for someone to help.

I have noticed many of us get cranky or angry or impatient while waiting. I wanted to find a way to transform this waiting experience into an opportunity to pray. I decided to create a prayer guide that would be simple, and somewhat easy to remember, that could be put in a pocket or purse or saved on a mobile device that could be taken out while waiting. It is my hope to share this guide widely so that this current time of waiting may be transformed for everyone.

Below you will find the text of the prayer and image of the prayer that you can use.

#### **Prayer Text**

##### **WHILE YOU WAIT PRAY...**

- For the workers at the place where you wait & the people waiting in line with you:

“Only you, O God, know what is going on in their life, make whole what is broken, give strength for whatever they face this day...”

##### **AND PRAY SOME MORE...**

- For family and friends, lifting them up one by one to Jesus:

“Jesus this is Sarah, Sarah this is Jesus.”

##### **IF STILL WAITING PRAY...**

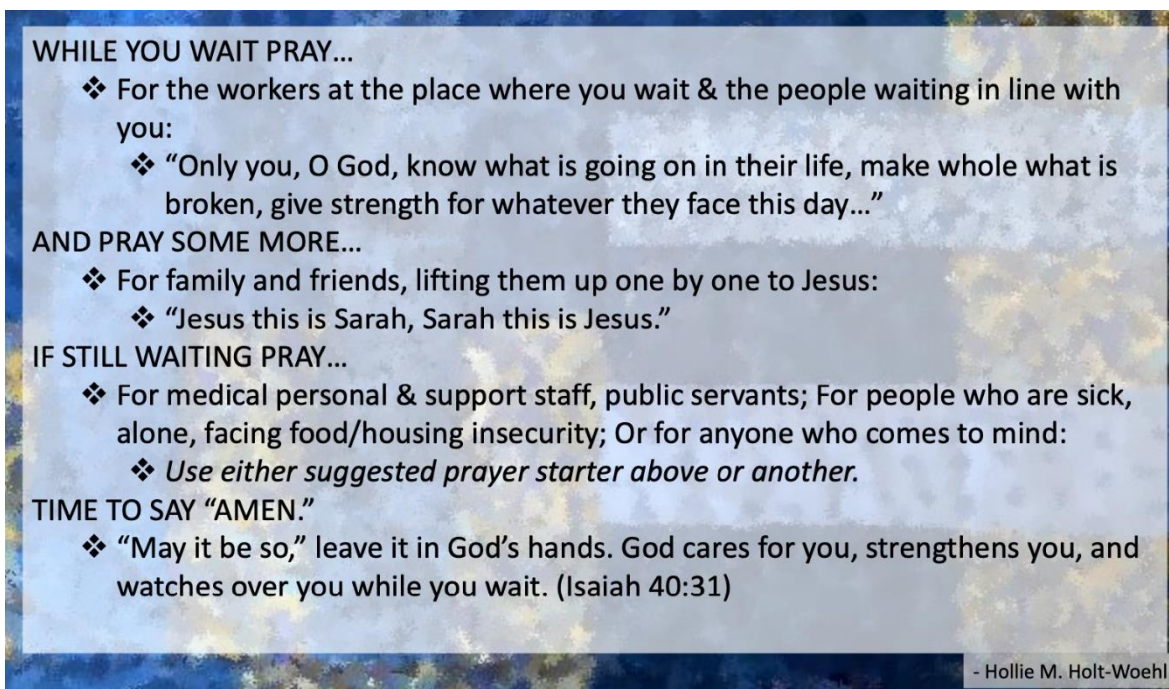
- For medical personal & support staff, public servants; For people who are sick, alone, facing food/housing insecurity; Or for anyone who comes to mind:

Use either suggested prayer starter above or another.

##### **TIME TO SAY “AMEN.”**

- “May it be so,” leave it in God’s hands. God cares for you, strengthens you, and watches over you while you wait. (Isaiah 40:31)

*Hollie M. Holt-Woehl*



**The Messenger**  
**Spring Garden Lutheran Church**  
**August 2022**



*"Building a Rural Family in Christ"*

**Church Council Members & Staff**

President	Scott Safe	651-380-8797
Vice-President	Don Anderson	
Secretary	Stan Lundell	651-764-1623
Treasurer	Rob Lorentz	507-263-2384
Financial Secretary	Pam Davis	507-263-5657
Worship & Music	Ruthie Sjoblom	
Parish Life & Outreach	Heidi Anderson	
Faith Formation	Becky Haugen	507-421-2964
Church Property	Randy Benson	507-649-2503
Stewardship	Scott Hanson	612-221-6933
Missions Board	Christy Collins	
Parish Nurse	Yvonne Salmonson	507-951-7921
Custodian	Sue Safe	651-258-4619
Administrative Asst.	Rachel Benson	507-263-5532

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